



THE CATENIANS ONLINE

How to Like, Comment & Share Our Posts

Help grow our community with just a few clicks!

💡 Why It Matters

Your support online helps: • Spread the message of **friendship, faith, and service** • Attract new members—especially younger Catholics • Celebrate our Circles and events • Keep our message visible on Facebook & Instagram

👍 LIKE A POST

1. Open Facebook or Instagram
2. Find a Catenian post
3. Tap the 👍 thumbs-up or ❤️ heart icon ✅ That's it—you've shown your support!

💬 COMMENT ON A POST

1. Tap "**Comment**" below the post
2. Write something simple like: • "Great event!" • "Proud to be a member." • "Lovely to see this."
3. Tap "**Post**" or "**Send**" 💬 Comments show we're active and welcoming.

📱 SHARE A POST

1. Tap the "**Share**" button (Facebook) or **paper plane icon** (Instagram)
2. Choose where to share—your timeline, a group, or a message
3. Add a note like: • "Join us at our next meeting!" • "This is what the Catenians are all about." 📱 Sharing helps others discover us!

🏷️ TAG YOURSELF

1. Tap the photo or post you're featured in
2. Select "**Tag photo**" or "**Tag people**"
3. Type your name and tap to confirm ✅ Tagging helps others see your involvement and spreads our reach.

🙌 GET INVOLVED

• Like and share **event photos, member stories, and Circle updates** • If you're featured, **tag yourself** or **leave a comment** • Encourage others: "Have you seen our latest post?"

Let's show the world what friendship in faith looks like—one click at a time.